





Terms of Reference for Supplying Menstruation Hygiene Management Material							
for School and Health Post							
Project Title	'Health Rights Improvement Project' for adolescent girls through Menstrual Hygiene Management in Bajura District, Nepal (2020- 2022)						
Type of Project	Public Health & Gender Equality						
Project Duration	2020.02.13 - 2022.12.31						
Types of Demands	Menstruation Hygiene Management Material for School and Health Post						
Project Location	Bajura District: 3 Municipalities (Badimalika, Budhiganga and Tribeni) 2 Rural Municipalities (Gaumul and Chhededaha)						
Expected date of completion of assignment	30 June 2021						
Deadline for EoI submission	5:00 PM, 28 April 2021						

1. General Background

KIRDARC Nepal and PeaceWin Bajura with technical support of GNI Nepal with financial support of Korea International Cooperation Agency (KOICA) have been implementing **'Health Rights Improvement Project'** for adolescent girls through Menstrual Hygiene Management in Bajura District, Nepal (2020-2022).

Karnali Integrated Rural Development and Research Centre (KIRDARC) Nepal is a Nepali Non-Governmental National Organization, registered at District Administration Office, Jumla in 1999. It is affiliated with Social Welfare Council, the regulatory body of Government of Nepal. KIRDARC has its five year's strategy plan 2019-2023 which envisages a just society with prosperity.

PeaceWin is a woman lead, non-government, not for profit making, social development organization. It was established locally in 2047 B.S (26 Sept. 1990 AD) and registered in District Administration Office in B.S. 2049 Poush 5 (20 December 1992 AD) with a vision of "Proficient Person, Happy family and Prosperous Society". Its activities are quite indifferent from political parties' alignment and religious partiality. It works with underprivileged groups, especially with children and women for promotion and practices of their social, economic, cultural rights. It addresses on program integration and mainstreaming of social issues, like: Chhaupadi (female has to live in a hut far from a house during menstruation period), HIV and AIDS, anti-tobacco, child marriage, and gender-based violence, caste & other forms of discriminations).

Good Neighbors International (GNI) Nepal has been working in Nepal since 2002 with the objective of improving lives of the poor people especially children through education, child protection, and







income generating activities, health, WASH, and disaster risk reduction. GNI Nepal has been operating its activities in 20 districts.

"Health Rights Improvement Project for Adolescent Girls through Menstrual Hygiene Management in Bajura District, Nepal (2020-2022)" Project (hereafter, '**HRIP Project**') is jointly implemented by GNI Nepal and Korea International Cooperation Agency (KOICA) targeting for three Municipalities and two Rural Municipalities in Bajura District. This project has been commissioned in July 2020 and will run for 3 years ending in December 2022.

Major objective of the program is **'to improve the rights and health status of adolescent girls through support the community to construct menstrual health friendly environment'**. This objective will be accomplished through improving and developing a framework for participatory and community-led promotion of menstrual health and hygiene for adolescent girls in cooperation with pertinent right holders including adolescents themselves, parents, schools, local health facilities, influencers of the communities, and different levels of government authorities. Amongst other measures, HRIP Project aims to deliver the vision by supporting schools and health facilities in its activities for adolescent girls' health and rights.

2. Purpose and Rationale of the service

With HRIP Project, GNI Nepal intends to bridge the gap between contemporarily increased public knowledge on MHM and persisting negative social attitudes and malpractice concerning menstruation in Far West Mountain region in Nepal. Adding insult to injury, issues regarding MHM is contemporarily more subjective to be disregarded as overshadowed by 'pressing concerns' resulted from the transmission of COVID-19 and multiple damages on community's livelihood caused by heavy rain. The school going children has to face numerous challenges due to lack of availability of sanitary pad, thus project aims to support them with MHM kits that includes reusable sanitary pads and nail cutter at the initial stage.

3. Objective of the service

To supply MHM materials to schools and health institutions of the project area.

4. Items, quantity and Specifications of the materials

Items	Unit	Quantity	Specifications			
Disposable Sanitary pad	. · Package 8960		- 7 pads per package - 240mm long - With wings			
Soap Item 1920		1920	- 75 gm hand washing soap bar			







Water-proof mattress/sheet	Pcs	160	- PVC-texture (water proof texture) - Size: Rectangular, 120 cm x 88 cm - Project logo shall be printed on the front side			
Hot water bottle	oottle Item 112		 Hot water bottle that can be used to relieve the menstrual pain Project logo shall be printed on the front side (or sticker shall be put) 			
Toilet cleaner	Item	240	-5L Disinfectant for toilet cleaning purposes			
Underwear			 Color: Dark color (black, dark blue, dark brown etc.) Fabric: Cotton Size: Medium Panty rise: Mid-rise A pack of 10 pcs 			
Painkiller Package 320		320	- 200 mg Tablets of Ibuprofen (not a paracetamol) - 100 tablets per package			

5. Budget and Mode of Payment

The payment will be made through account payee cheque or will be directly deposited into bank account of the company/firm after the supply of complete materials as mentioned in purchase order.

6. Acceptance of Materials

All rights to accept or reject a proposal, with or without giving any reasons, shall be reserved with KIRDARC. If deemed necessary, the supplier/service companies shall be asked for modifications.

7. Documents to be submitted

The sealed quotation in prescribed bid form (given as Annex 1) along with other required documents (copy of company registration certificate with renewal, VAT registration certificate, latest tax clearance certificate, and company profile of the firm), should reach the address given below by 28 April 2021 by 1700 hrs (Nepal Local Time). Bid documents must be enclosed in sealed envelope with "**Menstruation Hygiene Management Material for School and Health Post**" written on it.

GNI Nepal Head Office Ekantakuna-13, Lalitpur

KIRDARC Nepal Coordination Office: Sanepa, Lalitpur Phone No.: +977 01 5548040/5548321







Annex #1: Bid form

SN	Required materials item	Specification	Unit	Quantity	Brand	Unit Cost in NRs. (Including VAT)	Total cost in NRs. Including VAT (In figure)	Total cost in words	Remarks
1	Disposable Sanitary pad	- 7 pads per package - 240mm long - With wings	package	8960					
2	Soap	- 75 gm hand washing soap bar	Item	1920					
3	Water-proof mattress/sheet	 PVC-texture (water proof texture) Size: Rectangular, 120 cm x 88 cm Project logo shall be printed on the front side 	Pcs	160					
4	Hot water bottle	 Hot water bottle that can be used to relieve the menstrual pain Project logo shall be printed on the front side (or sticker shall be put) 	item	112					
5	Toilet cleaner	-5L Disinfectant for toilet cleaning purposes	Item	240					
6	Underwear	- Color: Dark color (black, dark blue, dark brown etc.)	Item	400					







		 Fabric: Cotton Size: Medium Panty rise: Mid- rise A pack of 10 pcs 					
7	Painkiller	- 200 mg Tablets of Ibuprofen (not a paracetamol) - 100 tablets per package	package	320			
8	Transportation up to Martadi, Bajura		Times	1			
	Total						